

From: [Kathlin L. Panteah](#)
To: [Acuormedboard, RLD](#)
Subject: [EXTERNAL] CADS Supervision
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To whom it may concern,

I have been an ADS since 2015. I provide services in McKinley County in rural Zuni Pueblo and Gallup NM areas. When my former supervisor Nityamo retired, I had difficulty finding a new supervisor that was willing to sign off on my renewals. I have been fortunate to find a provider out of Albuquerque, however, communication is limited and riddled with anxiety when it comes time for renewal, as I imagine they are busy with their own practice and multiple supervisee's. I strongly support the proposed rule that ADS should not have a supervisor after they have been certified for 5 years or more. Acudetox has become a very important part of my practice as a substance abuse counselor by providing treatment to those who have addiction issues as well as those who have other ailments such as stress, sleep deprivation, anxiety, etc. It would be beneficial to not have to rely on a supervisor to continue to practice as they are **NOT** part of my everyday practice, only to provide once a year site visit and sign off on my renewal application. Because there are a limited number of supervisors in the state that have the availability to take on supervisee's or even respond to requests, I feel that it is a fair proposal to not have a supervisor if one has been practicing for 5 years or more. There are probably more CADS than DOMS in NM. I am in my 10th year of having my ADS certification and I have helped thousands of people and would love to help many more. I am grateful for the assistance of my current supervisor, however, if he should retire, I will be back to sending multiple emails and phone calls trying to find someone who will sign off for me once a year and take a few minutes to look in on what I've been doing for 10 years to make sure I'm following the required guidelines. Even if a supervisor collects a fee for supervision, under the current rule, they are required to do a site visit which would take them at least 1 to 2 days travel - lodging, meals, and gas which takes them away from **their** practice and clients and also depending on if they have to do multiple site visits to other towns, it could take a few days to get to all the rural areas. Please consider changing the current guidelines to include the proposed rule. Thank you!

Kathlin L. Panteah LADAC/CADS/CAMS II
City of Gallup - Behavioral Health Department