



**NMRLD**

NEW MEXICO  
REGULATION &  
LICENSING DEPARTMENT

STATE OF NEW MEXICO  
BOARD OF BODY ART PRACTITIONERS

**Permanent Cosmetics Curriculum**  
**100 Hour Theory Training – Practical Hours Based on Areas of Practice**

Sponsor Name:	Establishment:
---------------	----------------

**Areas of Training**

<input type="checkbox"/> Eye Brow Technique	<input type="checkbox"/> Tattoo Lightening
<input type="checkbox"/> Eyeliner technique	<input type="checkbox"/> Scalp Micropigmentation
<input type="checkbox"/> Lip technique	<input type="checkbox"/> Scar Camouflage
<input type="checkbox"/> Beauty Mark Technique	

**Direct Supervision- Practical Hours**

<b>Eyebrow Technique</b>	<b>20 Hours of Practice</b>	Methods of Training:
--------------------------	-----------------------------	----------------------

Resources (Websites, equipment, etc.):

---

Training Description (additional information can be provided on a separate paper):



<b>Eyeliner Technique</b>	<b>20 Hours of Practice</b>	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Lip Technique</b>	<b>20 Hours of Practice</b>	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Beauty Mark Technique</b>	<b>10 Hours of Practice</b>	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Tattoo Lightening</b>	<b>10 Hours of Practice</b>	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Scalp Micropigmentation</b>	<b>20 Hours or Practice</b>	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Scar Camouflage</b>	<b>40 Hours of Practice</b>	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



## Introduction to Permanent Cosmetics – 5 Hours

<b>History of Tattooing as it Applies to Permanent Cosmetics</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Overview of the Different Types of Machines and Devices</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>State Laws and Regulations for Permanent Cosmetic Practitioners</b>	Total Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Professional Standards and Client Care – 10 Hours</b>		
<b>Client Expectations</b>	Total Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Medical Expectation</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Consent and Disclosure Form</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Record Keeping</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>HIPPA Standards</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		





<b>Photography</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Office Set-up – 5 Hours</b>		
<b>Understanding Establishment Requirements and rules</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>General Equipment</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Table, Chair, Work Surface, and Lighting</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



## Safety and Sanitation – 30 Hours

<b>Definition of Terms</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Discuss Acceptable Forms of Sterilization</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Proper Use of Chemical Agents, Antiseptics, Disinfectations, and Fumigants</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>OSHA and CDC Guidelines Regarding Bloodborne Pathogens</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Hand Washing Stations</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Hepatitis B Vaccination</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Personal Protective Equipment such as Gloves and Proper Attire to Avoid Cross Contamination</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Sanitary Measures during Procedure Set-up and Clean-up</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



## Client Preparation – 10 Hours

<b>Preparing the Clients Skin</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Ways of marking the Skin</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Anesthetics used Before, During, and After Procedures</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Color Pigment Theory – 10 Hours</b>		
<b>Knowledge of Skin Type and Undertones</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		





<b>Pigment Care such as Expiration, Storage, and Mixing</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Use of Safety Sheets</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



## Skin Anatomy – 15 Hours

<b>Understanding of Skin and Layers</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Healing Process of the Skin and its Care</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Disease, Disorders, and Conditions such as: Infection Herpes simplex. Shingles, Moles, Warts, Freckles, Psoriasis, Eczema, and Reactions</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Surgically modified skin and scar tissue</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Compromised skin from medical procedure, such as radiation and chemotherapy</b>	Hours of Training:	Methods of Training:
--	--------------------	----------------------

Resources (Websites, equipment, etc.):

Training Description (additional information can be provided on a separate paper):

## Machine/Needle Theory – 10 Hours

<b>Operation, Maintenance, and Instrument Storage</b>	Hours of Training:	Methods of Training:
---	--------------------	----------------------

Resources (Websites, equipment, etc.):

Training Description (additional information can be provided on a separate paper):



<b>Proper Needle Handling and Disposal</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Groups, Numbers and Configurations</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Pre-Sterilized, Single Use</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Business Set-up – 5 Hours</b>		
<b>Basic Business and Social Media Guidelines</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>Legal Requirements</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		
<b>Insurance/Liability</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		



<b>New Mexico Laws and Regulations</b>	Hours of Training:	Methods of Training:
Resources (Websites, equipment, etc.):		
Training Description (additional information can be provided on a separate paper):		

