

TITLE 16 OCCUPATIONAL AND PROFESSIONAL LICENSING
CHAPTER 3 ATHLETIC TRAINERS
PART 2 SCOPE OF PRACTICE

16.3.2.1 ISSUING AGENCY: Regulation and Licensing Department New Mexico Athletic Trainers Practice Board Post Office Box 25101, Santa Fe, New Mexico 87504.
[1/16/2000; 16.3.2.1 NMAC - Rn, 16 NMAC 3.2.1, 8/16/2001]

16.3.2.2 SCOPE: All individuals who wish to practice the profession of athletic training in the state of New Mexico.
[1/16/2000; 16.3.2.2 NMAC - Rn, 16 NMAC 3.2.2, 8/16/2001]

16.3.2.3 STATUTORY AUTHORITY: These rules are promulgated pursuant to the Athletic Trainers Practice Act, Section 61-14D-1 to 61-14D-19 NMSA 1978.
[1/16/2000; 16.3.2.3 NMAC - Rn, 16 NMAC 3.2.3, 8/16/2001]

16.3.2.4 DURATION: Permanent.
[1/16/2000; 16.3.2.4 NMAC - Rn, 16 NMAC 3.2.4, 8/16/2001]

16.3.2.5 EFFECTIVE DATE: January 16, 2000, unless a later date is cited at the end of a section or paragraph.
[1/16/2000; 16.3.2.5 NMAC - Rn, 16 NMAC 3.2.5, 8/16/2001]

16.3.2.6 OBJECTIVE: Specifies the national athletic trainers association and the New Mexico athletic trainers association to serve as guidelines in the absence of specific direction in the act or regulations and outlines records to be kept by the professionals.
[1/16/2000; 16.3.2.6 NMAC - Rn, 16 NMAC 3.2.6, 8/16/2001]

16.3.2.7 DEFINITIONS: **[RESERVED]**

A. "athlete" means a person trained to participate in exercise requiring physical agility and stamina;

B. "athletic trainer" means a person who, with the advice and consent of a licensed physician, practices the treatment, prevention, care and rehabilitation of injuries incurred by athletes;

C. "board" means the athletic trainer practice board;

D. "clinical assessment" means obtaining a history of an athletic injury, inspection and palpation of an injured part and associated structures and performance of testing techniques related to stability and function to determine the extent of an injury;

E. "department" means the regulation and licensing department;

F. "district" means an area having the same boundaries as a congressional district in the state;

G. "emergency care" means the application of first aid, determination of whether an injury is life-threatening and referral to an appropriately licensed health care provider if an injury requires further definitive care or the injury or condition is outside an athletic trainer's scope of practice;

H. "licensed physician" means a chiropractor, or physician licensed pursuant to Article 4or, 6 of Chapter 61 NMSA 1978;

I. "preventive services" means treatment of injuries through pre-activity screening and evaluation, educational programs, application of commercial products, use of protective equipment and physical conditioning and reconditioning programs; and

J. "therapeutic intervention and rehabilitation" means treatment of injuries through the application of exercise, the use of physical modalities such as heat, light, sound, cold, electricity or mechanical devices, therapeutic activities, preventive services and standard reassessment techniques and procedures in accordance with established, written athletic training service plans and upon the order or protocol of a licensed physician."

[16.3.2.7 NMAC – N, xx/xx/2021]

16.3.2.8 SCOPE OF PRACTICE: The practice of athletic training includes preventive services, emergency care, clinical assessment, therapeutic intervention and rehabilitation of injuries and medical conditions of athletes. Athletic trainers act as allied medical providers through collaboration with licensed physicians, pursuant to

the written prescription, standing order or protocol of a licensed physician. In the absence of specific direction in the act or these regulations as to standards of practice, the standards of practice established by the national athletic trainers association, the BOC and the New Mexico athletic trainers association shall serve as guidelines.

A. The current competencies in athletic training issued by the NATA, the BOC or its successor organization are adopted as establishing the standard of practice and the authorized use of exercise and physical modalities by persons licensed under these regulations. Information for obtaining a copy of the competencies in athletic training may be obtained by calling or writing the board office.

B. The athletic trainer shall maintain the name and address of the licensed physician and standing orders or protocols which are currently established for the athletic trainer's practice. These records must be provided upon the request of the board or their designee.

C. The athletic trainer shall maintain records which shall include:

(1) documentation in accordance with Subsection B or 16.3.2.8 NMAC;

~~(2) prescription for treatment of post surgical conditions from the athlete's surgeon; and~~

~~(3) consent for athlete's participation and for services in the event of illness or injury.~~

~~(4)~~(2) athlete's case records which shall be confidential and consistent with the NATA's or its successor organization's current code of ethics.

[1/16/2000; 16.3.2.8 NMAC - Rn & A, 16 NMAC 3.2.8, 8/16/2001; A, xx/xx/2021]

HISTORY OF 16.3.2 NMAC:

PRE-NMAC HISTORY: The material in this part was derived from that previously filed with the State Records Center and Archives Under: HED 84-4 (HSD), Regulations Governing The Athletic Trainers Act, filed 7/11/1984; AT-01-88, Regulations Governing The Athletic Trainers Act, filed 9/19/1988; AT-01-89, Regulations Governing The Athletic Trainers Act, filed 7/11/1989; Rule 91-2, Scope of Practice, filed 8/30/1991; Rule 2, Scope of Practice, filed 2/3/1994

HISTORY OF REPEALED MATERIAL: [RESERVED]