TITLE 16 OCCUPATIONAL AND PROFESSIONAL LICENSING

**CHAPTER 27 COUNSELORS AND THERAPISTS** 

PART 9 REQUIREMENTS FOR LICENSURE AS A MENTAL HEALTH COUNSELOR (LMHC)

[(Practice under Supervision)]

**16.27.9.1 ISSUING AGENCY:** Regulation and Licensing Department Counseling and Therapy Practice Board

[16.27.9.1 NMAC-Rp 16 NMAC 27.8.1, 6/15/2001]

**16.27.9.2 SCOPE:** All individuals applying for licensure as entry level licensed mental health counselors. [16.27.9.2 NMAC-Rp 16 NMAC27.8.2, 6/15/2001]

**16.27.9.3 STATUTORY AUTHORITY:** These parts are promulgated pursuant to the Counselor and Therapist Practice Act, [Section 61-9A-3, 5, and 14] Sections 61-9A-1, 61-9A-3, 61-9A-5, 61-9A-9, 61-9A-14, 61-9A-15, 61-9A-22, 61-9A-23, and 61-9A-24, NMSA 1978. [16.27.9.3 NMAC-Rp 16 NMAC 27.8.3, 6/15/2001]

**16.27.9.4 DURATION:** Permanent.

[16.27.9.4 NMAC-Rp 16 NMAC27.8.1, 6/15/2001]

**16.27.9.5 EFFECTIVE DATE**: June 15, 2001 unless a different date is cited at the end of a section. [16.27.9.5 NMAC-Rp 16 NMAC27.8.1, 6/15/2001]

**16.27.9.6 OBJECTIVE:** The objective of Part 9 is to state the minimum requirements for entry-level licensure as a professional mental health counselor and list the documentation required for application. [16.27.9.6 NMAC-Rp 16 NMAC27.8.1, 6/15/2001]

16.27.9.7 DEFINITIONS: [RESERVED]

#### **16.27.9.8 SUPERVISION:**

- A. Supervision must be provided by a licensed professional clinical mental health counselor (LPCC), licensed marriage and family therapist (LMFT), licensed professional art therapist (LPAT), licensed psychologist, licensed psychiatrist, licensed clinical social worker (LCSW), or licensed independent social worker (LISW) who holds a supervision designation issued by the Counseling and Therapy Practice Board. The licensed mental health counselor (LMHC) or the licensed professional mental health counselor (LPC) must practice under supervision [at all times]. Once the licensed mental health counselor or the licensed professional mental health counselor [acquired] acquires the official LPCC[, LMFT] or LPAT license then the licensee may practice independently without supervision.
- **B.** It is the responsibility of the individual seeking supervision to assure the supervision is acceptable for the level of licensure that will be requested at the completion of the required supervision. The relationship between the supervisor and the applicant must promote the development of skill and responsibility in the delivery of counseling or therapy services.
  - C. Client contact and supervision hours prior to being licensed will not be acceptable for licensure.
- D. Supervised contact hours will become invalid if obtained more than five years prior to submission for independent LPCC licensure.

[16.27.9.8 NMAC-N, 6/15/2001; A, 7/1/2004; A, 2/10/2006; A, 11/19/2007]

# 16.27.9.9 LICENSED MENTAL HEALTH COUNSELOR (MENTAL HEALTH SPECIALTY OR ART THERAPY SPECIALTY):

A. LMHC is intended as a transition between the required degree and the completion of supervised training required for licensure as a [professional mental health counselor,] a professional clinical mental health counselor or a professional art therapist. All work must be performed under appropriate clinical supervision. Applicants must assure that their education and experience are appropriate for the level of licensure they will seek upon completion of supervised training. There is no maximum time limit as a licensed mental health counselor, but all work at this level must be done under clinical supervision.

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- **B.** Qualifications for entry level licensure. An applicant for licensure as an entry-level mental health counselor (LMHC) must possess the following qualifications:
  - (1) be at least 21 years of age; [and]
- applicant must sign a statement provided in the application indicating the applicant has read the code of ethics and agrees to be bound and governed by the code of ethics;
- holds a masters or doctoral degree in a counseling or counseling related field with no less than 48 graduate hours or 72 quarter hours in the core curriculum and nine practicum hours; and
- have arranged for appropriate clinical supervision, [including a postgraduate experience plan, which includes one hour of face-to-face supervision for every ten hours of client contact] as required by their licensure track.

[16.27.9.9 NMAC-Rp 16 NMAC 27.8.8, 6/15/2001; A, 7/1/2004; A, 2/10/2006]

## 16.27.9.10 DOCUMENTATION REQUIRED:

- **A.** A completed application as specified in 16.27.3.8 NMAC.
- B. The applicant is required to submit an official transcript in a sealed envelope from each institution contributing to the applicant's master or doctoral degree. The transcript must be submitted with the application. Applicants educated in foreign institutions who are unable to submit certified official transcripts shall submit a statement explaining why such transcripts are not available and shall submit certified copies of the degree certificates granted, information on the curricula offered, and any other documentation requested by the board.
- C. A statement from each supervisor in a sealed envelope on a form provided by the board (attachment C) verifying the applicant's has arranged for appropriate supervision supervised experience and setting forth the nature and extent of such supervision must be submitted with the application.
- **D.** Applicant with the mental health specialty must complete attachment E and art therapy specialty must complete attachment F.
  - **E.** Application fee of \$75.00.

[16.27.9.10 NMAC-Rp 16 NMAC 27.8.9, 6/15/2001; A, 7/1/2004; A, 2/10/2006]

**16.27.9.11 EXAMINATION:** Applicants must demonstrate professional competency by passing the national counselors exam (NCE) or (NCC) and art therapy specialty must demonstrate professional competency by passing the art therapy credentialing board (ATCB) exam.

[16.27.9.11 NMAC-Rp 16 NMAC27.8.10, 6/15/2001; A, 7/1/2004; A, 2/10/2006]

#### 16.27.9.12 LICENSURE BY CREDENTIALS: [RESERVED]

- Submit a completed application per Section 8 of 16.27.3 NMAC.
- B. Verification (attachment A) that the applicant holds and has held a current license for five years is sued by the appropriate examining board under the law of any other state or territory of the United States, the District of Columbia or any foreign nation.
- C. Verification that the applicant is in good standing with no disciplinary action pending or brought against the applicant within the past five years.
- D. Holds masters or doctoral degree in counseling or a counseling-related field from an accredited institution.
  - E. Application fee of \$75.00 as provided for in Part 17 of 16.27 NMAC.
- F. Applicants who do not meet the licensure by reciprocity must meet the current licensure requirements.

[16.27.9.12 NMAC-N, xx/xx/xxxx]

## **HISTORY OF 16.27.9 NMAC:**

**Pre-NMAC History:** The material in this part was derived from that previously filed with the State Records Center and Archives under:

Rule 8, Requirements for Licensure as a Mental Health Counselor (Practice Under Supervision), 3/24/1994 Rule 8, Requirements for Licensure as a Mental Health Counselor (Practice Under Supervision), 3/20/1995

#### **History of Repealed Material**

 $16\ NMAC\,27.8, Requirements\ for\ Licensure\ as\ a\ Mental\ Health\ Counselor\ (Practice\ Under\ Supervision)-Repealed\ 6/15/2001$ 

16 NMAC 27.9, Licensure by Credentials - Repealed 6/15/2001

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