

18 March 2020

From: New Mexico Board of Dental Health Care

Since the number of current viral pandemic cases are growing into our state, the New Mexico Board of Dental Health Care recommends the following guidelines for dental offices and clinics in order reduce the further spread of COVID-19 (Coronavirus).

- Limit all dental care to urgent and/or emergent needs.
- If patients are in need of immediate dental care, do not refer them to urgent care centers or hospital emergency departments. We do not want to overburden an already crowded medical facility with dental issues. You have an obligation to care for those that are in need. Do not abandon patients, as it may be considered a violation of the NM Administrative Code.
- Postpone all dental care (including dental hygiene) that can wait and that would not significantly change the patient's condition or cause further harm.
- Employees that show symptoms of illness should be sent home immediately, and advised to contact their medical providers for guidance.
- If patients need to visit the dental office or clinic, follow all CDC, ADA and NM Department of Health guidelines for patient safety, as well as the protection of dental teams. Also refer to the website of Governor Michelle Lujan Grisham. Here are the links:
 - <https://www.cdc.gov/coronavirus/2019-ncov/>
 - <https://www.ada.org/en/publications/ada-news/2020-archive/march/ada-recommending-dentists-postpone-elective-procedures>
 - <https://cv.nmhealth.org/>
 - <https://www.governor.state.nm.us/>
- Limit staffing until further guidelines and restrictions are modified or lifted.

The Dental Board is keeping current with the rapid development of this event, and may provide further statements as needed. Keep yourself informed at the national, state and especially the local level to provide meaningful care in these difficult times. We are an integral part of the healthcare system, and together we will overcome this challenge.

Emergency vs. Non Emergency Dental Procedures



Emergency or Non Emergency? ADA Offers Guidance for Determining Dental Procedures

In a [statement](#) issued on March 16, the American Dental Association (ADA) called upon dentists nationwide to postpone elective dental procedures for three weeks in order for dentistry to do its part to mitigate the spread of COVID-19. Concentrating on emergency dental care only during this time period will allow dentists and their teams to care for emergency patients and alleviate the burden that dental emergencies would place on hospital emergency departments.

The ADA recognizes that state governments and state dental associations may be best positioned to recommend to the dentists in their regions the amount of time to keep their offices closed to all but emergency care. This is a fluid situation, and those closest to the issue may best understand the local challenges being faced.

The following should be helpful in determining what is considered “emergency” versus “non emergency.” This guidance may change as the COVID-19 pandemic progresses, and dentists should use their professional judgment in determining a patient’s need for urgent or emergency care.

1. Dental emergency

Dental emergencies are potentially life threatening and require immediate treatment to stop ongoing tissue bleeding, alleviate severe pain or infection, and include:

- Uncontrolled bleeding
- Cellulitis or a diffuse soft tissue bacterial infection with intra-oral or extra-oral swelling that potentially compromise the patient’s airway
- Trauma involving facial bones, potentially compromising the patient’s airway

Urgent dental care focuses on the management of conditions that require immediate attention to relieve severe pain and/or risk of infection and to alleviate the burden on hospital emergency departments. These should be treated as minimally invasively as possible.

- Severe dental pain from pulpal inflammation
- Pericoronitis or third-molar pain
- Surgical post-operative osteitis, dry socket dressing changes
- Abscess, or localized bacterial infection resulting in localized pain and swelling.
- Tooth fracture resulting in pain or causing soft tissue trauma
- Dental trauma with avulsion/luxation
- Dental treatment required prior to critical medical procedures
- Final crown/bridge cementation if the temporary restoration is lost, broken or causing gingival irritation

Other urgent dental care:

- Extensive dental caries or defective restorations causing pain
 - Manage with interim restorative techniques when possible (silver diamine fluoride, glass ionomers)
- Suture removal
- Denture adjustment on radiation/oncology patients
- Denture adjustments or repairs when function impeded
- Replacing temporary filling on endo access openings in patients experiencing pain
- Snipping or adjustment of an orthodontic wire or appliances piercing or ulcerating the oral mucosa

2. Dental non emergency procedures

Routine or non-urgent dental procedures include but are not limited to:

- Initial or periodic oral examinations and recall visits, including routine radiographs
- Routine dental cleaning and preventive therapies
- Orthodontic procedures other than those to address acute issues (e.g. pain, infection, trauma)
- Extraction of asymptomatic teeth
- Restorative dentistry including treatment of asymptomatic carious lesions
- Aesthetic dental procedures

The ADA is committed to providing the latest information to the profession in a useful and timely manner. Please visit [ADA.org/virus](https://www.ada.org/virus) for the latest information.